



**RIDE FOCUSED:** Never ride distracted. Don't text. Make sure one ear is tuned in to traffic if listening to music.



**RIDE PREPARED:** Avoid hazards, such as rocks or grates that may cause you to fall.



**SAFETY FIRST:** Always wear a bicycle helmet. Put lights or reflectors on your bicycle for night-time riding.



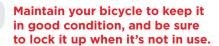
**RIDE LIKE YOU'RE A VEHICLE:** Cycle in the same direction as traffic. Obey street signs, traffic lights and road markings. Use hand signals to indicate where you're turning.



**SHARE THE ROAD:** Both motorists and bicyclists should look out for each other and show mutual respect.



vibrant City of Rancho Cordova! For more information and a bike map, visit CityofRanchoCordova.org/Bicycling.





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